

Helpers in the Community ~ St. Louis City & St. Louis County

CRISIS/SUICIDE LINE

- Behavioral Health Response – 1.800.811.4760
- Hopeline Network – 1.800.SUICIDE (784.2433)
- KUTO, Kids Under Twenty One –
1.888.644.KUTO (5886)
- Life Crisis Hotline – 314.647.4357
- Mid-Missouri Crisis Line 1.888.761.4357 or
text “HAND” to 839863
- National Suicide Prevention Lifeline –
1.800.273.TALK (8255)
- STL County Youthline (*STL County Res. ONLY*)
314.628.2929 or 1.877.928.2929

AIDS & STI INFORMATION AND TESTING

- CDC HIV testing site information
1.800.CDC.INFO (232.4636)
- Dept. of Health – dhss.mo.gov or
314.612.5100 (*City*) or 314.615.0600 (*County*)
- Project Ark – 314.535.7275
- STL Effort for AIDS – 314.645.6451
- Youth Aids Coalition –
www.youthaidscoalition.org

CHILD ABUSE & NEGLECT HOTLINE

- in MO – 1.800.392.3738

CHILD CARE REFERRALS

- Child Daycare Assoc. – 314.531.1412
- Crisis Nursery (*emergency child care*) –
314.292.5770 or 314.768.3201 (*hotline*)
- Lutheran Family & Children’s Services –
314.787.5100 or 1.866.326.5327
- United Way – 211

CHILDREN’S SERVICES

- Child Abuse Hotline – 1.800.392.3738
- MO Division of Family Services – 314.340.7007
- Head Start - 314.427.4940

CHILDREN/YOUTH PSYCHIATRIC CLINIC

- Cardinal Glennon – 314.577.5600
- Center Pointe – 1.800.345.5407
- Edgewood – 314.628.6550
- Hawthorne Psychiatric Hosp. – 314.512.7800
- Preferred Family Healthcare –
314.773.3670 (*City*) or 314.972.8132 (*County*)

COMMUNITY COUNSELING SERVICES

- Catholic Charities – 314.367.5500
- Creve Coeur Counseling – 314.991.0100
- Epworth – 314.961.5718 or
1(800)899-KIDS(*hotline*)
- Provident Behavioral Health – 314.533.8200
(*STL County Res. ONLY*)

DOMESTIC VIOLENCE

- ALIVE – 314.993.2777 or 314-993-7080
- Bridgeway Behavior Health – 636.224.1600 or
1.877.946.6854 (*hotline*)
- Family Forward – 314.534.9350
- Life Source Consultants Crisis Line – 314.524.0686
- Love is Respect – 1.866.331.9474
- Safe Connections – 314.646.7500
- The National Domestic Violence Hotline -
1.800.799.7233

EMERGENCY SHELTERS

- Catholic Charities – 314.367.5500
- Covenant House – 314.533.2241
- St. Martha’s Hall - 314.533.1313 (*hotline*)
- Youth in Need - 636.946.3771

FAMILY SUPPORT SERVICES

- Catholic Charities – 314.367.5500
- CHADS Family Support – 314.952.8274
- Crisis Nursery – 314.768.3201 (*City*) or
636.947.0600 (*County*)
- Kids in the Middle – 314.909.9922
- Family Forward – 314.534.9350
- Lutheran Family & Children’s Services – 314.787.5100
or 1.866.326.5327

more - FAMILY SUPPORT SERVICES

- NAMI STL – 314.962.4670
- Teen Helpline Agency – 314.454.TEEN (8336)
- United 4 Children – 314.531.1412

HOSPITAL EMERGENCY SERVICES

- Barnes Jewish Hospital – 314.747.3000
- Christian Hospital – 314.653.5000
- Hawthorn Children’s Psych.Hosp – 314.512.7800
- Missouri Baptist – 314.996.5000
- Mercy Hospital – 314.251.6000
- St. Luke’s Hospital – 314.434.1500
- St. Anthony’s Hospital – 314.525.1000
- St. Louis Children’s Hosp. – 314.454.6000

HUMAN TRAFFICKING

National Human Trafficking Resource Center –
1.888.373.7888

LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE

- Crime Victim Advocacy Center of St. Louis -
314.652.9771
- Legal Advocates – 314.664.6699
- Legal Services of Eastern MO – 314.534.4200 or
1.800.444.0514
- Victim Services – 314.622.4373

LGBTQ YOUTH LINES

- GLBT National Youth Talkline – 1.800.246.7743
- The Trevor Project Suicide Hotline –
1.866.4.U.TREVOR (488.7386)
- Trans LifeLine – 877.565.8860

MEDICAL CLINIC

- Family Care – Carondelet – 314.353.5190
- Family Care – Forest Park SE -314. 531.5444
- Peoples Health – 314.781.9162
- South County Health Cntr – 314.615.0400
- North County Health Cntr- 314.615.9700
- J.C. Murphy, Berkely – 314.615.0500
- Barns Primary Care Clinic – 314.362.5060

MENTAL HEALTH ASSOCIATION

- Mental Health America of Eastern MO –
314.773.1399
- NAMI – STL – 1.800.811.4760

MENTAL HEALTH CRISIS

- Behavioral Health Response – 1.800.811.4760 (*hotline*)
- BJC Behavioral Health – (314 or 877)747.7491
- Bridgeway Behavior Health – 636.224.1600
- Crider Center – 636.946.4000
- Hopewell – 314.531.1770
- Mental Health America – 314.773.1399

PARENT TRAINING

- Dept. of Health – dhss.mo.gov or
314.612.5100 (*City*) or 314.615.0600 (*County*)
- United Way – 211

PARAMEDIC/MEDICAL SERVICES

- 911
- Police non-emergency – 314.444.5555 (*City*) or
314.889.2341 (*County*)

POLICE

- 911 – *request a CIT (Crisis Intervention Team) officer*

PROBATION OFFICE

- MO Division of Probation & Parole – 314.877.1000

RAPE/SEXUAL ASSAULT CENTER

- Bridgeway Behavioral Health Crisis line –
1.877.946.6854
- Life Source Consultants Crisis Line – 314.524.0686
- National Sexual Assault Hotline –
1.800.656.HOPE (4673)
- STL Regional Sexual Assault Center Hotline –
314.531.RAPE (7273)

RELIGIOUS/SPIRITUAL SUPPORT

- Archdiocese of STL – 314.792.7005
- Center for Spiritual Learning – 314.576.6772

RUNAWAY/YOUTH SHELTER

- National Runaway Safeline – 1.800.RUNAWAY (1.800.786.2929)
- SafePlace ~ Go to – QT, Firehouse, Walgreens, Bi State Bus
- The SPOT – 314.535.0413
- Youth Emergency Service – 314.727.6294
- Youth In Need 24-Hour Help Line – 636.946.3771

SCHOOL STUDENT SERVICES

- STL Public Schools – 314.231.3720
- STL County - Contact District Office
- www.dese.mo.gov

SEXUAL ABUSE HOTLINE

- Bridgeway Behavioral Health - 1.877.946.6854
- RAINN – 1.800.656.HOPE (4673)
- Safe Connections Helpline – 314.531.2003

SUBSTANCE ABUSE COUNSELING

- Bridgeway Behavioral Health – 636.224.2400
- NCADA – 314.962.3456
- New Beginnings C-Star – 314.367.8989
- Preferred Family – 314.729.7050 (*South Co.*); 314.972.8132 (*North Co.*)
- Provident Behavioral Health – 314.371.6500

CHAT/TEXT SUPPORT

Crisis/Suicide:

Crisis Text Line: Text "MOSAFE" to 741-741

Lifeline Crisis Chat:

Online chat – www.contact-usa.org

Mid-Missouri Crisis Line:

Text line – Text "HAND" to 839863

Youth Connection Helplines

St. Louis City – text "2TALK" to 31658

St. Louis County – text "4HLP" to 31658

Depression:

Feeling Kinda Blue:

Online chat - <http://feelingkindablue.ning.com>

Domestic Violence:

Love is Respect:

Online chat – www.loveisrespect.org

Text line - Text "loveis" to 22522

National Domestic Violence Helpline-

Online chat - www.thehotline.org

Human Trafficking:

National Human Trafficking Resource Center:

Text line – Text "BeFree" to 233733

HIV Testing:

AIDS.gov: Text line - Text zip code to "Knowit" to 566948

LGBTQ:

National Youth Talkline:

Online chat – www.glnh.org

The Trevor Project:

Online chat – www.thetrevorproject.org

(7 days a week, 6am – 1amET/3am-10PT)

Text line – Text "START" to 678678

(Fridays 3pm – 7pm)

(7 days a week 6 am-1 am ET/3 am-10pm PT)

Rape/Sexual Assault:

National Sexual Assault Online Hotline:

Online chat - <https://hotline.rainn.org>

Runaway/Safe Place:

National Runaway Safeline:

Online chat - www.1800runaway.org

National Safe Place - Text "66008" and current location (*address/city/state*) to 69866 to be connected with the nearest Safe Place location and youth shelter number